

Nayar: Central Kerala

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lage; and bow makers, each with about one to ten houses per village. Tiyyars, astrologers, washermen, and barbers had double unilineal descent: localized patrilineages with dispersed exogamous matrilineal clans. Artisans and bow makers had patrilineages only.

The polluting castes worked for each other and for the higher castes. Tiyyars held land on a sub-tenure from landlords and Nayar tenants. Astrologers and artisans gave services to the higher castes, to each other, and to the Tiyyars, who ranked above them. Barbers worked for all the higher polluting castes but not for the "good" castes, who employed the Nayar barber. Washermen laundered for all the higher polluting castes but not regularly for the "good" castes, who employed the Nayar washerman. However, the low-caste washerman's lineage owed services to the "good" castes at death, menstruation, and childbirth. Bow makers served Nayars and Tiyyars. Each of the polluting castes was endogamous and interdined only within the caste.

THE LOWER POLLUTING CASTES

On the outskirts of the village, in separate small hamlets, lived the very low castes of Parayas and Pulayas. Parayas were a small caste of basket and umbrella makers. Two or three households had a village right to serve all castes above them. Pulayas were until 1850 the agricultural serfs of Nayars, temple servants, and Brahmans (Buchanan, 1807: 370-372). As highly polluting castes, Pulayas and Parayas were theoretically forbidden to approach the high castes within a distance of sixty-four feet. They might not enter the "good" area of the village or walk on the main paths.

OTHER RELIGIOUS GROUPS

Muslims, called Mappillas, were concentrated in the Zamorin's kingdom, where they followed patrilineal descent. In 1931 they formed about 15 per cent of Kerala's population. Their presence dates from the ninth century, when Arab traders began to make converts, probably mainly from the Tiyyars and the coastal caste of fishermen. From the Arabs and from these converts there sprang a flourishing trading community which increased greatly in the fourteenth century (Logan, 1951, I: 192-197). The Zamorins derived a large measure of their power from the Muslims through taxes and naval support (Ayyar, 1938: 54). Muslims lived mainly in the ports and at inland trading posts on the banks of rivers. They were partly outside the village ranking system, which had its basis in differential land rights, and were theoretically outside the Hindu religious hierarchy. Nevertheless, Muslims were in some contexts accorded a rank ritually and socially between that of Nayars and Tiyyars.

THE SETTING

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the uneven nature of the terrains. Along the coastal strip, inland waterways are the ideal means of transporting lighter commodities. ⁶⁰⁰₅₀₅

1.49 It is well known that in standards of literacy Kerala is ahead of all the other States of India. The literate population is 46.2 per cent as compared with 23.7 per cent for the whole of India (1961 Census). Kerala has a very long tradition in imparting education on organized lines. Initiative in the spread of education was first taken by the Christian Missionaries during the middle of the last century. The State followed up by offering grant of aid to the missionary schools, and opening of new Government schools. ²¹²₁₇₁ ²⁹⁷₁₅₈

1.50 While the State is in the forefront of India in general education, it is hardly so in the sphere of technical education. From the point of view of future industrialization programmes, the emphasis in future will have to undergo a shift in position. During the Second Plan period considerable progress has been made in opening a number of polytechnics and other technical institutions. Their impact, however, will only be felt during the Third Plan period when qualified technicians start coming out from these institutes. ⁸⁷⁴

1.51 The State is also fairly high up in the standard of its health services although in some of the indices of health service development it lags behind all-India standards. On the other hand the *ayurvedic* system has had a long established tradition in the State and is popular among the public. Some of the indices showing the relative state of development of medical facilities are given below: ⁷⁴⁴

	India (Persons)	Kerala (Persons)
One doctor for	7,000	3,200
One nurse for	19,000	16,700
One hospital bed for	1,400	3,125

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Regional Disparities

1.52 Although the Infra-structure as a whole is well developed in the State, it is not uniformly so all over the State. Economically, Malabar, which was previously a part of the Madras State, is on a distinctly different plane from the Travancore-Cochin area. Unlike the erstwhile States of Travancore and Cochin, Malabar did not receive the benefit of State patronage. At present Malabar is backward compared to Travancore-Cochin in terms of almost all the indicators of economic development. Both the transport and education system are not as well developed in Malabar as in Travancore-Cochin.¹ It lags behind industrially as well. Unemployment also seems to be higher in Malabar. This is corroborated by the much lower participation rate in the case of Malabar.² Under these circumstances, economic policy would undoubtedly have to pay due attention to the need for levelling up such wide disparities. ^{433*}₁₈₄

¹ Chapters on "Industries-Structure and Growth" and "Transport". (Nos. 9 and 8)

² Chapter on Manpower. (No. 11)

ponderable evil, the reputation of which is great outside its boundaries. CCD

3. POLYANDRY IN KERALA

During my stay in Kerala, I found that the following castes practise polyandry in the state: Nayars, Thandans, and Tiyas (Thiyyas) of north Cochin, Kammalans such as Tathans (goldsmiths), Karuwans, or Perinkollam (blacksmiths), Asaris (carpenters) and Puri-asaris (laterite-cutters), Musaris (bell-metal smiths of braziers); also the allied castes to these of Kolla-kurups (shampooers, masseurs, and leather-shield makers) and Vil-kurups (bow-makers), Tol-kollans (leather workers), Kanisans (astrologers), Mannans (washermen and barbers), Panans (exorcists and umbrella-makers), Pulluvans (herbalists and *nag* worship songsters). All follow *makkathayam* except the Nayars, who are *marumakkathayam* from one end of Kerala to the other. 595
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Today, Nayars in Kerala are said, as we have seen (p. 92), to have ceased the practice of polyandry. Not only do they say so themselves, but other castes are emphatic on this point as well. Since, with the disappearance of the petty chieftains, Nayar militias no longer exist, the customs that were closely linked to these organizations have also faded away. The Mysore invasions perhaps had something to do with it, too, for Tipu Sultan was grimly determined to eradicate the Nayar armies and made this his principal objective. In 1788, before invading Malabar, in a proclamation which was intended, among other things, to be a warning to the people, he said: "... and since it is the practice with you for one woman to associate with ten men, and you leave your mothers and sisters unconstrained in their obscene practices, and are thence all born in adultery; and are more shameless in your connections than the beasts in the fields: I hereby require you to forsake these sinful practices and to be like the rest of mankind; and if you are disobedient to these commands, I have made repeated vows to honour the whole of you with Islam." (quoted by C. A. Innes, I.C.S. in *Malabar and Anjengo*, Madras District Gazetteers, p. 72). Many of the Moplas today, especially inland, are descendants of Nayars whom Tipu thus did "honour with Islam". They were forcibly circumcised and regaled with beef. Many, however, reconverted themselves later, but lost caste in the process and were never considered the same again. 611

In spite of it being said that Nayars are no longer polyandrous in Kerala, I was able to find, as I shall show further on, some families left 595
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conclusions, to which I may add those observations of mine in the field that appear to me to bear out his contentions most fully. [177] [137]

In 1792, after the defeat of Tipu Sultan of Mysore by the British, the latter took over the direct administration of Malabar. As we have seen, they began by farming out the collection of revenue to the local rajas; very soon, however, they found this system unsatisfactory and took over the task themselves. A corps of British administrators was formed and put in charge of the work; from then onwards, cultural conditions in Kerala underwent a very great change. [48]

The term "Europeanism" has been used to cover all those aspects of Western foreign influence which have since then profoundly affected the local people's lives. This foreign influence has been followed since 1947 by recent reforms due to the policy of the present Congress Party Government of India, although these, too, have been inspired to a large extent by contact with the West. Today, a new force is making itself felt. Since the last elections in 1957, Kerala has been ruled by a government of the Communist Party, whose accession to power is, however, too recent for me to be able to give here any appreciation of the alterations it is seeking to impose on the State. [65]

"Europeanism" includes many varied and subtle innovations in the everyday life of the inhabitants of Kerala, some of which can be put down as gains and some of which, on the contrary, must be considered as losses. Aiyappan has attempted to establish a balance sheet of these for the Irava community (to be found on p. 126 of his book *Iravas and Culture Change*). As far as the whole of the Kerala population is concerned, it can be said that the term mainly covers such principal items as the following.

First of all, the displacement of traditional rulers and their replacement by European officials. This took place throughout the area, and only the maharajas of Cochin and of Travancore were retained; later, a resident responsible to the Madras government was attached to them. The new officials were scant respecters of caste. While obliged, by force of circumstance, to take into consideration the innumerable compartments into which native society was divided and subdivided, they nevertheless were inspired, in their dealings with the people and in their choice of assistants, by the Christian ideals of equality and individual merit, whereby they brought about a revolution in traditional methods of government. Only Islam, with the arrival of the Arab traders on the Malabar coast nearly one thousand years before, can be said to have brought anything similar to bear on the static outlook of the people; [177] [63]

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797 but then this influence made itself felt rather by conversions and personal dealings than by any direct, government action, as now.

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489 Transport, which in Kerala had always been difficult, was also greatly changed. Modern facilities, such as good roads, ferries, bridges; later, motor cars, railways, engine-driven ships, boats and launches; and finally, aeroplanes, have put thousands of boatmen and cartmen out of work and have not only brought formerly isolated and inaccessible parts of the country into contact with the rest, but have also made important centres become within easy and rapid reach of each other. As in other parts of the world where it is impossible for race distinctions to be observed in a system of general transport, caste is overlooked in public transport in Kerala, and this fact has greatly contributed to breaking down traditional socio-religious pre-occupations in such matters.

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564 With the institution of a regular method of dispensing justice through courts, caste was dealt a further blow; the European masters of India refused to treat individuals otherwise than as equals before the law. The judiciary personnel was recruited from all sections of the population, regardless of caste or creed. This measure, together with the new way in which government servants were enlisted, gave the more enlightened castes of Nayers and Tiyas their chance. The present eminence in public affairs which these two communities have attained is in a large measure due to the opportunities thus thrown open to them.

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871 Education, of course, also had a lot to do with it. Instead of the old kind in which village teachers taught native lore and traditions in an unchanging, ageless fashion, European-type schools were opened and modern means of education became available to all who wished to take advantage of them. These methods may be criticised today, since independence in 1947, as being un-Indian and useless in the context of the national culture, but the fact remains that they brought great changes in the outlook of the people, especially among the middle classes, who have indisputably benefitted from them.

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564 Liberal, learned professions began to be followed by many to whom such careers were not open before, and again, regardless of caste distinctions, lawyers, doctors and teachers appeared in large numbers in Kerala. Many of them soon travelled to other parts of India, where their reputation as able and knowledgeable practitioners has never ceased to grow. A large part of the Government of India's New Delhi office personnel is made up of men from Kerala, in both high and subordinate positions, especially Nayers, so much so, indeed, that the fact has become the subject of a standing joke.

as their attendants, to carry their sword and shield before them. 564

10. Vandikkāran.—A name, meaning cartmen, for those who supply fuel to temples, and cleanse the vessels belonging thereto.

11. Kuttina.—The only heiress of a Svarupam tarwad is said to have been a maid-servant in the Vadakkettam Brāhman's house, and her daughter's tālikettu ceremony to have been celebrated in her master's newly-built cowshed. The bride was called kuttilachchi, or bride in a cowshed, and her descendants were named Kuttina Nāyars. They intermarry among themselves, and, having no priests of their own, obtain purified water from Brāhmins to remove the effects of pollution. [783] [793]

12. Matavar.—Also known as Puliyattu, Veliyattu, and Kāllur Nāyars. They are believed to have been good archers in former times.

13. Otatu, also called Kusa. Their occupation is to tile or thatch temples and Brāhman houses.

14. Mantalayī.—A tract of land in the Kalkulam taluk, called Mantalachchi Konam, was granted to them by the State. They are paid mourners, and attend at the Trivandrum palace when a death occurs in the royal family. [765]

15. Manigrāmam.—Believed to represent Hindu recoveries from early conversion to Christianity. Manigrāmam was a portion of Cranganore, where early Christian immigrants settled. [797]

16. Vattaykkatan, better known in Travancore as Chakala Nāyars, form in many respects the lowest sub-division. They are obliged to stand outside the sacrificial stones (balikallu) of a sanctuary, and are not allowed to take the title Pillai. Pulva is a title of distinction among them. One section of them is engaged

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595 As to the present existence or non-existence of polyandry I must call recent writers into the witness-box. The Rev. S. Mateer, Mr. Fawcett writes,* "informed me ten years ago—he was speaking of polyandry among the Nāyars of Travancore—that he had 'known an instance of six brothers keeping two women, four husbands to one, and two to the other. In a case where two brothers

• [797] cohabited with one woman, and one was converted to Christianity, the other brother was indignant at the [177] Christian's refusal to live any longer in this condition.'

I have not known an admitted instance of polyandry amongst the Nāyars of Malabar at the present day, but there is no doubt that, if it does not exist now (and I think it does here and there), it certainly did not long [564] ago." Mr. Gopal Panikkar says † that "to enforce this

social edict upon the Nairs, the Brāhmins made use of the powerful weapon of their aristocratic ascendancy in the country, and the Nairs readily submitted to the Brāhman supremacy. Thus it came about that the custom of concubinage, so freely indulged in by the Brāhmins with Nair women, obtained such firm hold upon the country that it has only been strengthened by the lapse of time. At the present day there are families, especially in the interior of the district, who look upon it as an honour to be thus united with Brāhmins. But a

[178] reaction has begun to take place against this feeling, and Brāhman alliances are invariably looked down upon in respectable Nair tarwads. This reactionary feeling took shape in the Malabar Marriage Act." Mr. Justice K. Narayāna Marar says : "There is nothing strange or to be ashamed of in the fact that the Nāyars were originally of a stock that practiced polyandry, nor if the

* *Op cit.*

† Malabar and its Folk, 1900.

there will be a specialist for diseases of children, an eye specialist, 759
an ordinary vaidyan who cures all common diseases, and a *mantra-vati* (hymn-chanter) who pretends to cure diseases by chanting certain hymns within himself, and who is believed in by the masses. There is also a *visha-vaidyan*, or expert in curing snake-bite, in some villages.

The Sub-Assistant Surgeons in charge of Government hospitals are, I am afraid, affected by red tape and carelessness born of security of employment and income.

In rural parts especially I am pained to note that their treatment is getting discredited, for the apothecaries take little pains to know the exact nature of the diseases of the poor persons who resort to the hospital and to prescribe proper medicines for the same. There are of course noble exceptions to this, but it is deplorable that there should be any irregularities at all in this most humane of all charities. The native vaidyans, on the other hand, have a local interest, their families living in the village for generations together and they are very keen to keep up their reputations; while the Government Surgeon is a bird of passage, who comes and goes, none of the villagers knowing whence or whither.

Malayalis, as a rule, are very clean, most of them bathe twice a day; their clothes are kept neat and clean. But there is much scope for the spread of modern ideas on sanitation in very many fields. At child-birth the mother is usually kept in the worst possible room in the house. Children too might be brought up in a more sanitary environment; the education of females on these matters is a very crying necessity. It is also deplorable that Brahmans are gradually neglecting the morning-bath and exercise on which their ancestors insisted. The local Muhammadans are extremely insanitary. They are filthy, their children are filthy, their habits too are filthy. 515

The habit of keeping the stock very near the house should be avoided. Again except in well-to-do Nayar families kitchens are in the houses; they should be in a different building.

Among the Brahmans, a girl has to be married before the age of puberty, generally 12. Among no other caste is this compulsory, though a few people, including the Indian Christians, marry their girls before puberty. These Christians are generally converts from low caste * Hindus, and change of religion has not changed their custom in this respect. 582 [797] •

The local Muhammadans do not, as in the east of the peninsula, observe purdah; their women freely talk to any person, work for others as coolies and stir abroad. Most of them are converts from low caste Hindus, and so there is no fanaticism, nor such strict observance of the rules of Islam as elsewhere. Nayar ladies are quite free, and among them descent in the female line (*Marumakkattayam*) prevails. Brahman ladies (not Nambudris) can go out, and be seen by others, but they are subject to their husbands and are not allowed to speak to Brahman men, and Brahman men are not allowed to speak with the women. A newly married Brahman bride is neither allowed to see nor to speak to her husband until she actually joins her husband after the nuptials. But these 562

* [M. L. K. Anandakrishna Ayyar, Cochin State Anthropologist, informs me that the Syrian Christians of Cochin are mainly the descendants of converts from high caste Hindus.—Ed.]